



COST Action BM 1106 GENIEUR Final Conference

'The <u>Gen</u>es in <u>Irritable Bowel Syndrome Eur</u>ope Research Network'



Heidelberg, March 14 - 15, 2016

"ZMBH" - Zentrum für Molekulare Biologie der Universität Heidelberg, University of Heidelberg, Im Neuenheimer Feld 282, 69120 Heidelberg, Germany



COST Association Avenue Louise 149 I 1050 Brussels, Belgium t: +32 (0)2 533 3800 I f: +32 (0)2 533 3890 office@cost.eu I www.cost.eu





COST Action BM1106 GENIEUR

'The Genes in Irritable Bowel Syndrome Europe Research Network'

Title of the Meeting	The GENIEUR Final Conference/		
	Final MC Meeting		
Goal(s)	Dissemination activities of improved		
	clinical instruments and standard operation procedures		
Description of the activity and	Report on their achievements during the course of the		
how it will serve the identified	Action		
goal(s)	Involvement of new colleagues in the field of		
	neurogastroenterology as well as other stakeholders:		
	industry and patient support groups as well as national		
	societies and the general public		
Identification of the involved	WGs 1 - 4		
WGs			
Contribution of the meeting from	Coordinators and co-coordinators of the respective		
and to the WGs	WGs will report on their achievements during the		
	course of the Action		
Information on targeted	Attracting colleagues and getting them engaged in		
audiences/participants with	neurogastroenterology, psychiatry, immunology,		
special emphasis on COST Policies	nutrition as well as basic and clinical research; Stir up		
	interest in GENIEUR and its achievements		
Any other relevant information	www.GENIEUR.eu		
(e.g. links to websites, any			
particular individual taking the			
lead in the activity, invited			
speakers, etc)			
Specific outputs and outcomes	Final report of the Action, final reports from WGs,		
	presentations (selected oral presentations) and posters		
Dictures @ front page @ FOTOLIA	from STSM grantees		

Pictures @ front page © FOTOLIA





Organising Committee

Beate Niesler, Heidelberg, Germany Magnus Simrén, Gothenburg, Sweden Guy Boeckxstaens, Leuven, Belgium Lesley Houghton, Manchester, UK Qasim Aziz, London, UK Mirjana Rajilić-Stojanović, Belgrade, Serbia John Penders, Maastricht, Netherlands

The COST Action BM 1106 GENIEUR Final Conference is supported by

















Monday, March 14, 2016

8:00 - 09:30 WG Meetings

ZMBH, SR 20

WGs 1 & 2 'Establishment of gold standard for patient recruitment and characterisation' & 'Definition of quantitative traits as intermediate phenotypes for IBS' Preparation of Position Paper: Status quo Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

Institute of Human Genetics, INF 366, 4th Floor, Conference Room 417

WG3 'Genetic studies in IBS'

Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

ZMBH, SR 20A

WG4 'Microbiota studies in IBS' Pilot study – how far have we come? Dietary questionnaire Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

09:30 Coffee Break & Poster Session

Morning Session ZMBH, Room 001

10:00 Welcome Address

10:15-12:30 Genetics & Epigenetics in IBS

Chairs: Beate Niesler, Magnus Simrén

- **10:15** Candidate gene approaches *versus* genome wide analysis achievements from GENIEUR members (*Beate Niesler, Heidelberg, Germany*)
- 11:00 Epigenetics achievements from GENIEUR members (Javier Santos, Barcelona, Spain)





- **11:45** Genetic and pharmacological imaging in Functional GI Disorders and correlation to functional traits (*Lukas van Oudenhove, Leuven, Belgium*)
- 12:30 Lunch Break

Afternoon Session ZMBH, Room 001

13:30-15:00 Microbiota in IBS

Chairs: Mirjana Rajilić-Stojanović, John Penders

- 13:30 Microbiota studies in IBS (Jonna Jalanka, Helsinki, Finland)
- **14:15**. Influence of Gut Microbiota on the Brain Relevance for IBS? (*Emeran Mayer, Los Angeles, USA*)
- 15:00 Coffee Break & Poster session

16:30 18:30 Oral presentations of submitted abstracts (10 min. + 5 min. discussion) **Chairs:** *Lukas van Oudenhove, Jonna Jalanka*

- **16:30** Is vegetarianism a protective factor for irritable bowel syndrome? A case-control study (*Vasile Drug, Iasi, Romania*)
- **16:45** Gut Microbiota alterations in Major Depression: Impact on Behaviour and Neurobiology (*Gerard Clarke, Cork, Ireland*)
- **17:00** Gut-brain axis in antibiotic-induced gut dysbiosis: focus on metabolites and neuropeptide Y (*Peter Holzer, Graz, Austria*)
- **17:15** Differential expression of miRNAs in the jejunal mucosa of IBS-D is involved in intestinal epithelial barrier dysfunction through modulation of specific tight junction proteins *(Cristina Martínez, Heidelberg, Germany)*
- **17:30** Mixture-model based subgrouping of patients with IBS (Annikka Polster, Gothenburg, Sweden)
- **17:45** Decreased proinflammatory profile and increased corticotropin-releasing factor in mucosal eosinophils in association with clinical manifestations diarrhea-prone irritable bowel syndrome (*Eloísa Salvo-Romero, Barcelona, Spain*)
- **18:00** Impaired miRNA regulation as molecular cause of altered 5-HT4 receptor signalling in irritable bowel syndrome (*Stefanie Schmitteckert, Heidelberg, Germany*)
- 18:15 A randomised, phase I, double-blind, crossover study on pharmacokinetics of peppermint oil capsules in healthy volunteers: enteric-coating versus colon-targeted-delivery (Zsa Zsa Weerts, Maastricht, Netherlands)

20:00 Dinner and Get Together at the Kulturbrauerei Heidelberg





Tuesday, March 15, 2016

8:30 - 09:30 WG Meetings

ZMBH, SR 20

WGs 1 & 2 'Establishment of gold standard for patient recruitment and characterisation' & 'Definition of quantitative traits as intermediate phenotypes for IBS' Preparation of Position Paper: Status quo Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

Institute of Human Genetics, INF 366, 4th Floor, Conference Room 417

WG3 'Genetic studies in IBS' Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

ZMBH, SR 20A

WG4 'Microbiota studies in IBS' Pilot study – how far have we come? Dietary questionnaire Preparation of Final Report Preparation of Brochure and Leaflet Possible Funding options: Grant calls: HORIZON2020 and other open(ed?) calls Any other business

09:30 Coffee Break & Poster Session

Morning Session ZMBH, Room 001

10:00-11:30 Phenotyping of patients

Chairs: Guy Boeckxstaens, Qasim Aziz

- **10:00** Symptom-based criteria to phenotype IBS patients: pros and cons (*Fermín Mearin, Barcelona, Spain*)
- **10:45** Biomarkers and function testing in IBS: added value for phenotyping?" (*Magnus Simrén, Gothenburg, Sweden*)





Achievements of the COST Action BM1106 GENIEUR

Chairs: Beate Niesler, Magnus Simrén

11:30 - 12:30 Collaborations and initiatives born during the COST Action BM1106 GENIEUR

- **11:30** Collaborations within the GENIEUR network: personal experience (*Lukas van Oudenhove, Leuven, Belgium*)
- **11:45** Bendy joints and functional gut disorders: the EU collaborative network (*Qasim Aziz, London, UK*)
- **12:00** Collaborations on Microbiome in IBS within the GENIEUR network (John Penders, Maastricht, Netherlands)
- 12:15 The UEG LINK Award: Harmonisation and implEmentation of minimaL requirement Protocols for phenotype-genotype characterisations to facilitate pan-EU collaborations in IBS: HELP EU in IBS (Daisy Jonkers, Maastricht, Netherlands)
- 12:30 Lunch Break

Afternoon Session ZMBH, Room 001

13:30-14:15 Short Term Scientific Missions (STSMs) during the COST Action BM1106 GENIEUR Chairs: Qasim Aziz, Daisy Jonkers

- **13:30** Associations of polymorphisms of the serotonin type 3 receptor *HTR3* genes and SERT gene *SLC6A4* with gastrointestinal symptoms, anxiety and depression in IBS lessons learned regarding genetic association studies (*Sabrina Berens, Heidelberg, Germany*); *STSM Heidelberg Leuven*
- **13:45** COST Action GENIEUR: Stimulating Research and Networking (*Daniel Pohl, Zürich, Switzerland*) STSMs Zürich London/Zürich Gothenburg/Zürich Leuven
- **14:00** From brain imaging to connective tissue: experiences from the STSM exchange (*Daniel Keszthelyi, Maastricht, Netherlands*) STSM Maastricht London

14:15 Concluding remarks

For COST Action BM1106 GENIEUR Management Committee Members

14:30 Management Committee Meeting ZMBH, Room 001





HOW TO GET TO THE MEETING VENUE

"ZMBH" - Zentrum für Molekulare Biologie der Universität Heidelberg, Im Neuenheimer Feld 282, D-69120 Heidelberg, Germany

FROM THE AIRPORT

The nearest airport to Heidelberg is the one in Frankfurt/Main (FRAPORT). You will need roughly 40 – 45 minutes by train to get to the Heidelberg Main Station. It might take longer when you're travelling by car due to frequent road constructions and very heavy traffic.

BY RAILWAY

You can view the German railway schedules or book train tickets online (e.g. from Frankfurt/Main to Heidelberg) through the "Deutsche Bahn AG" (only in German!) at <u>www.bahn.de</u>.

BY PUBLIC TRANSPORTATION, STARTING AT THE HEIDELBERG MAIN STATION (HAUPTBAHNHOF)

A website with all the necessary time schedules and information is available (only in German!) at <u>www.vrn.de</u>. Directions in English will follow below:

CHOOSE ONE OF THE FOLLOWING OPTIONS

- Take tram No. 21 or 24 and get off at "Jahnstrasse"

OR

- Take bus line No. 32 and get off at the stop called "*Chirurgische Klinik*" right in front of the German Cancer Research Center (DKFZ)

OR

- Take bus line No. 31 and get off at the stop called "*Bunsengymnasium*"

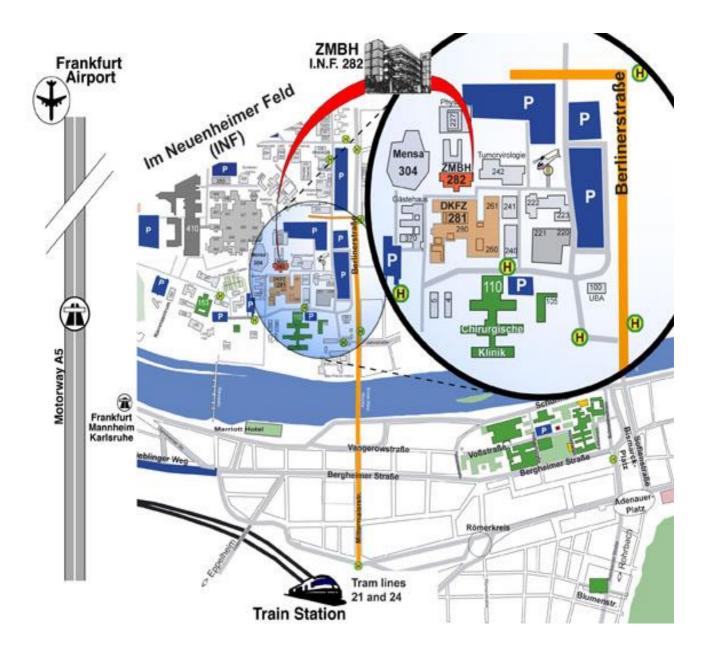
THEN:

- Walk towards the "*Neuenheimer Feld*" (pdf with a map of the Neuenheimer Feld). The ZMBH is located right behind the DKFZ.





Map of the Campus "Im Neuenheimer Feld" and the ZMBH – INF 282







Recommended Hotels in Heidelberg

Hotel Name	Address	Phone	Homepage	Price in € Single Room
Boarding House	Rohrbacher Str. 32 (between Old City and Campus)	+49-(0)6221- 434050	http://boardinghouse-hd.de/	69 - 89
Café Frisch	Jahnstr. 34 (10 min walking distance to campus/conference site, close to the banks of the river)	+49-(0)6221- 45750	http://cafe-frisch.de/	68 - 78
Guest House	Bergheimer Str. 24	+49-(0)6221- 872710	http://guesthouse-hd.de	Studios – starting at 79
Hotel Auerstein	Dossenheimer Landstr. 82 (more rural area /city limits)	+49-(0)6221- 6499700	http://auerstein.de	79 - 129
Hotel Bayrischer Hof	Rohrbacher Str. 2	+49-(0)6221- 872880	http://bayrischer-hof- heidelberg.de	110
Hotel Central	Kaiserstr. 75 (close to the main station)	+49-(0)6221- 20641	http://www.hotel.de/de/hotel -central/hotel-118631/	59 - 84
Hotel Denner	Bergheimer Str. 8	+49-(0)6221- 604510	http://denner-hotel.de	89 - 99
Hotel Ibis	Willy-Brandt-Platz 3 (next to the main station)	+49-(0)6221- 9130	http://ibis-heidelberg.com	58 - 68
Hotel Qube	Bergheimer Str. 74	+49-(0)6221- 187990	http://qube-hotel- heidelberg.de/	99 - 109
nH Hotel	Bergheimer Str. 91	+49-(0)6221- 132710	http://www.nh- hotels.de/hotel/nh- heidelberg	Starting at 111 €

Please note that prices and services (e.g. with/without breakfast) may vary when you are booking through online booking services such as "booking.com" etc. For further information please visit Heidelberg's Tourism homepage: *https://www.tourism-heidelberg.com/*

